



# The Tailored-AF trial

**Tailored** vs. anatomical ablation strategy for Persistent **AF**

ClinicalTrials.gov: [NCT04702451](https://clinicaltrials.gov/ct2/show/NCT04702451)

Internet site: [www.volta-medical.com](http://www.volta-medical.com)

# The Tailored-AF trial

## *Enrollment Status*

1<sup>st</sup> patient enrolled on Feb. 12, 2021  
To date, 301/374 patients enrolled  
in 25 EU/US sites

**80% enrollment completed!**

**Top 3** sites with highest number of patients enrolled:



# The Tailored-AF trial

## *Study Web Tools*

[eCRF](#)

[ECG Atrium Webportal](#)

[Tailored-AF app](#)

For France only:

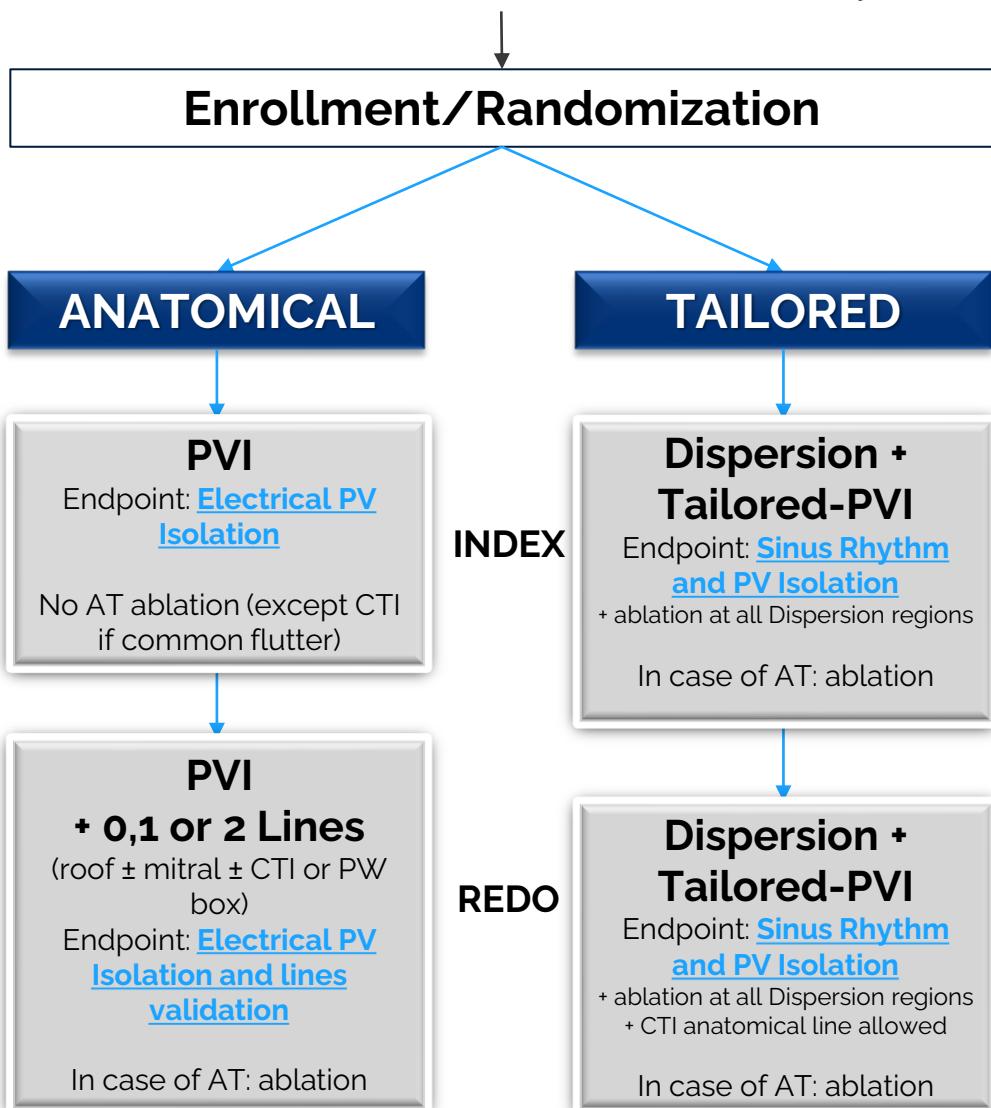
[Reimbursement System](#)

[Transport Reservation](#)

# The Tailored-AF trial

## *Ablation Protocol*

**EU: 3 months ≤ de novo Persistent AF ≤ 5 years**  
**US: 3 months ≤ de novo Persistent AF < 1 year**



**Only 1 redo within corresponding ablation protocol for multiple procedures endpoints**

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## Study Flowchart

### ENROLLMENT

#### **Baseline Visit:**

Informed consent  
 Patient demographics, physical examination  
 AF maximal sustained duration / cardioversions (ECGs, physician's letter)  
 Patient cardiac medication assessment  
 12-lead ECG, QoL assessment, Kardia supply

### ABLATION

### FOLLOW-UP

#### **3-mo FU visit**

AF/AT recurrence assessment  
 Patient cardiac medication assessment  
 12-lead ECG + 24h holter  
 QoL assessment, adverse events

#### **6-mo FU visit**

AF/AT recurrence assessment  
 Patient cardiac medication assessment  
 12-lead ECG + 24h holter  
 QoL assessment, adverse events

#### **12-mo FU visit**

AF/AT recurrence assessment  
 Patient cardiac medication assessment  
 12-lead ECG + 24h holter  
 QoL assessment, adverse events

**1 Kardia ECG weekly / if symptoms**



**In the event of a recurrence,  
 schedule your patients for a repeat  
 ablation before the end of the 9th  
 month**

Independent blinded  
 ECG analysis by



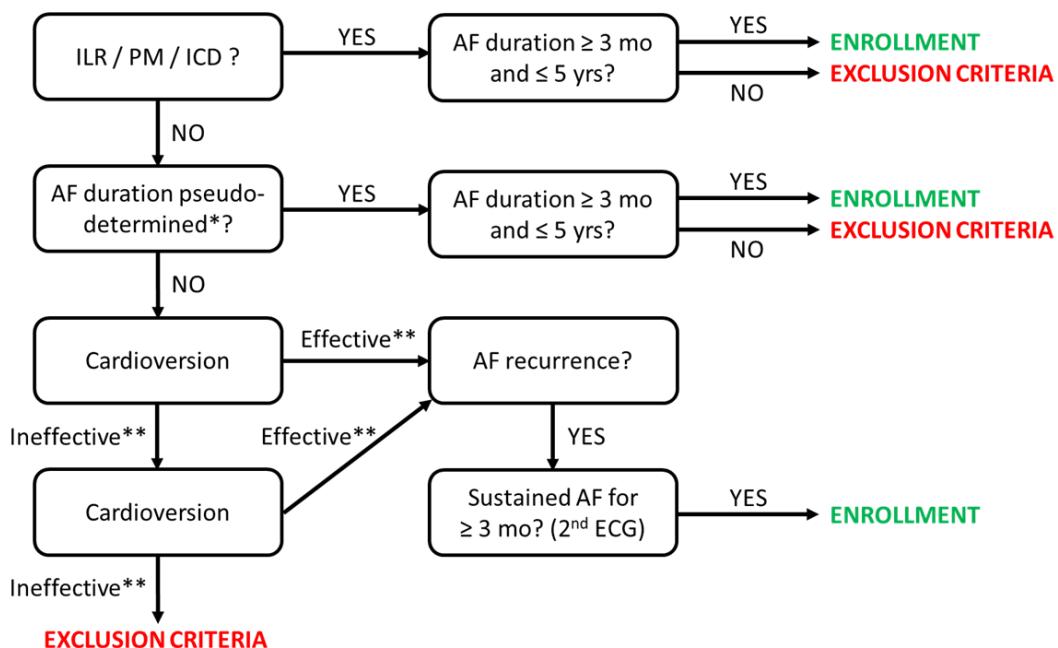
# The Tailored-AF trial

## Main Inclusion Criteria

- Patients 18 years of age or older, candidates for a first AF ablation
- Persistent AF (EU/US) or long-standing persistent AF (EU only)



**A documentation of sustained AF for at least 3 months is mandatory (documentation with ECG, holters, physician's letter)**



\*AF duration pseudo-determined means that there are clear indications of AF duration, i.e., the patient has been followed-up with regular ECGs

\*\*An effective cardioversion means that sinus rhythm has been restored at the end of the procedure and last ECG before discharge in sinus rhythm

An ineffective cardioversion means that sinus rhythm could not be restored at the end of the procedure or last ECG before discharge in AF



**If AF duration is pseudo-determined, cardioversion is allowed, but no waiting should be performed post-cardioversion**

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## *Exclusion Criteria 1/2*

1. **Paroxysmal and short-standing AF < 3 months**
2. **Long-standing persistent AF > 5 years (EU) or ≥ 1 year (US)**
3.  $\geq 2$  previous ineffective cardioversion **sessions in case of undetermined AF duration**
4. **Severe obesity (BMI > 40)**
5. **Very dilated Left Atrium (e.g., LA diameter > 60 mm and/or LA surface > 40 cm<sup>2</sup> determined by 2D echo)**
6. Patients with AF **secondary** to an obvious reversible cause
7. **Inadequate anticoagulation** as defined in the inclusion criteria
8. **LA thrombus** on TEE (EU/US) or CT Scan (only for EU) prior to procedure
9. Contraindications to anticoagulation
10. Patients who are or may potentially be **pregnant**
11. **Previous surgical or catheter ablation for AF**
12. Any **cardiac surgery** within the past 2 months (60 days)
13. **Myocardial infarction** within the past 2 months (60 days)
14. Previous **AV valve (mitral or tricuspid)** surgery
15. History of blood clotting or bleeding abnormalities
16. Documented **arterial** thromboembolic event (including TIA) within the past 12 months (365 days)

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## ***Exclusion Criteria 2/2***

- 17. Rheumatic Heart Disease**
- 18. Chronic severe Heart Failure (NYHA IV and/or LVEF < 25%)**
- 19. Awaiting cardiac transplantation or other cardiac surgery within the next 12 months (365 days)**
- 20. Unstable angina within the past month**
- 21. Acute illness or active systemic infection or sepsis**
- 22. AF secondary to electrolyte imbalance, thyroid disease, or reversible or non-cardiac cause**
- 23. Diagnosed atrial myxoma**
- 24. Significant severe pulmonary disease (GOLD stage IV of COPD) or any other disease or malfunction of the lungs or respiratory system that produces chronic symptoms (e.g., unstable or untreated sleep apnea)**
- 25. Significant congenital anomaly or medical problem that in the opinion of the investigator would preclude enrollment**
- 26. Enrollment in an investigational study evaluating another device, biologic, or drug**
- 27. Presence of intramural thrombus, tumor or other abnormality or condition that precludes vascular access, or manipulation of the catheter**
- 28. Life expectancy or other disease processes likely to limit survival to less than 12 months**
- 29. Acute Covid-19 infection (fever and/or biological inflammatory syndrome, and positive test documented)**

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## *The Tailored Protocol*

**1**

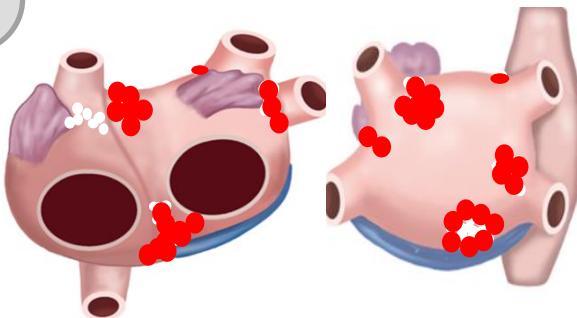
### Bi-atrial AF mapping



Guided by VX1,  
thorough and high  
density

**2**

### Ablation at dispersion areas



« Ablate & connect » and/or  
« Circle & connect »  
+ « Tailored PVI »  
+ subsequent AT ablation

**Primary Endpoint:** Sinus  
rhythm conversion

**3**

### Completion of the ablation set



**Endpoints:**

- Ablation & connection of all dispersion areas
- Electrical PV isolation
- Electrical isolation of encircled areas
- Line validation for documented macroreentry

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## *Anatomical arm ablation*

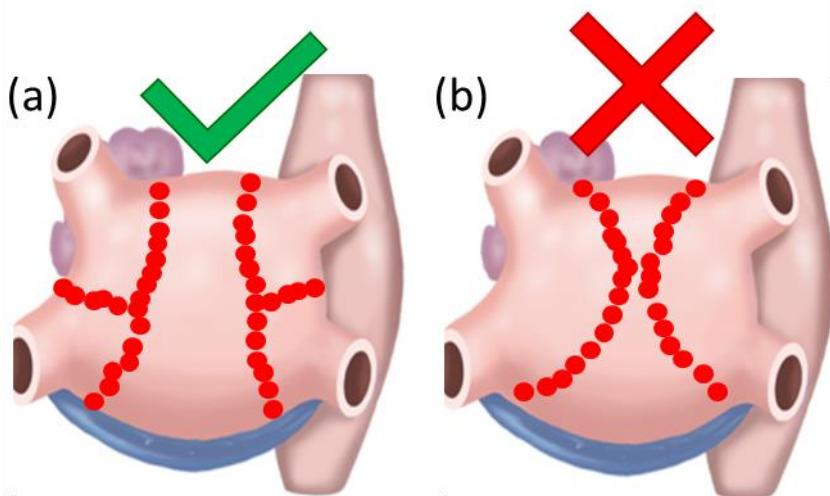
### **Procedural endpoint = isolation of all four PVs**

documented by mapping catheter and by creating a contiguous circular lesion around each pulmonary vein antrum with point-by-point applications of RF energy.

DC shock will be performed at the end of the procedure if needed.

RF applications at the carinas are allowed (a)

No RF applications outside the PV antra are allowed (b)



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## *Medication guidelines*



### Pre-ablation:

- AADs should be stopped before ablation
- **Continuous anticoagulation for >4 weeks prior to ablation is mandatory**

### Intraprocedural:

- Anticoagulation consistent with your standard practice should be used
- Heparin should be administered prior to or immediately following transseptal puncture, and adjusted to achieve and maintain an ACT of at least 300 seconds

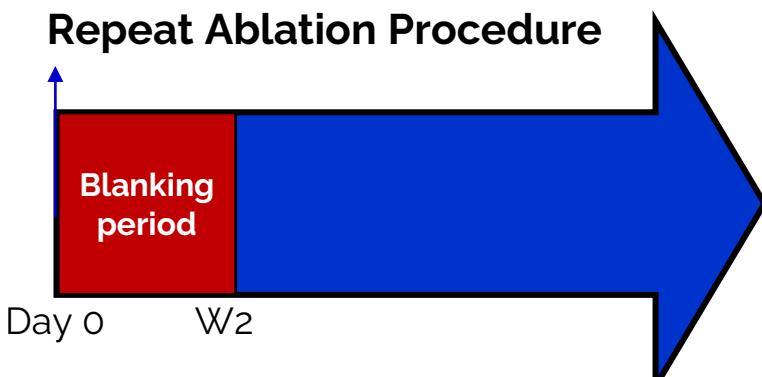
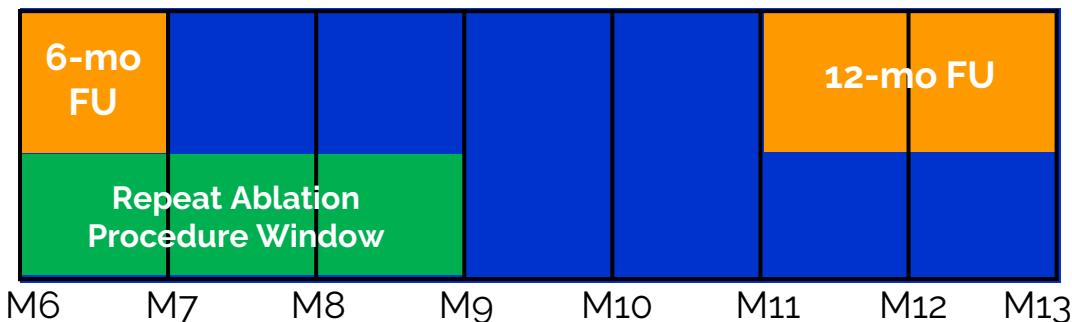
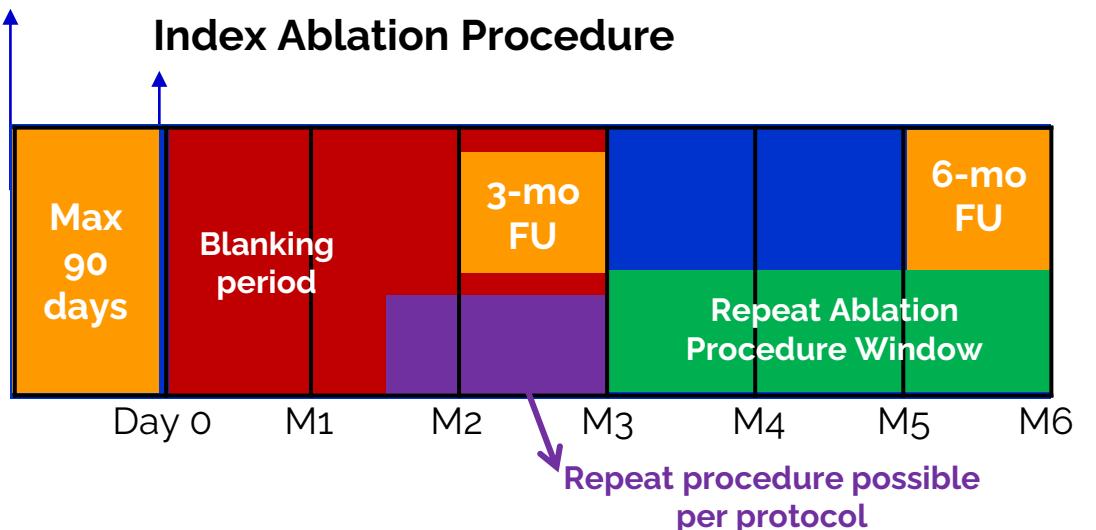
### Post-ablation:

- Systemic anticoagulation is recommended for at least 2 months after the procedure
- AADs are allowed for the first 3 months (post-ablation blanking period) **but discontinuation is required at 3 months**
- **The use of diuretics prophylactically, especially for long procedures regardless of the study arm, is recommended**

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## *Windows and blanking periods*

### Enrollment/Randomization



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## *Contact information*

### SPONSOR – Volta Medical

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# The Tailored-AF trial

## *Contact information*

### ECG CORE LAB – Banook Group

Technical issues with devices  
(24/7)

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